

Abstract

The present invention discloses a tongue and mouth stud for dispensing a substance such as a chemical, breath freshener, pleasant flavor, or medication into the mouth of a wearer. This tongue and mouth stud includes a means for dispensing a substance comprised of an internal cavity for storing and dispensing the substance contained within through one or more openings in the surface of the tongue stud that are contiguous with the internal cavity. Furthermore, the means for dispensing a substance may include a sponge positioned within the internal cavity of the mouth and tongue stud.